



Health & Fitness EXPO

Learn • Play • Interact

SUNDAY, OCTOBER 6, 2019

12–3 P.M.

Niles-Buchanan YMCA
905 Front St, Niles, MI

Win health & fitness related prizes!

FREE ADMISSION

Mini workouts, cooking demos, games, kids' activities and more!

Visit andrews.edu/chhs/healthexpo for complete information.



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