



Andrews University Community Health & Wellness Expo

SUNDAY, SEPT. 29, 10 A.M.—2 P.M.

at the ANDREASEN CENTER FOR WELLNESS

**ANDREWS
STUDENTS**

Visit each booth
for a chance to win
your choice of Apple
Watch or Fit Bit

The whole family can enjoy samples, activities and giveaways and learn what Andrews departments and local businesses have to offer to improve wellbeing! Meet a therapy pet, try a destressing doodle activity *and more!*

VEGAN
COOKING
DEMO
11 A.M.

FREE
TO THE PUBLIC

SPONSORED BY

United
FEDERAL CREDIT UNION

FEATURING LOCAL BUSINESSES

The Salt Haven
Regenerate
Physical Therapy
JC&K Teas

BOBA
Lavender Fields Farm
NoraCare
and more!



Andreasen
Center for Wellness