



**a convenient way
to get care.**

Our telehealth services include:

- \$0 copay
- 24/7 access to urgent care services
- Scheduled appointments for therapy, psychiatry, and nutrition
- Accessible via desktop or mobile phone
- Secure and 100% confidential

ACCESS CODE
ALCANDU23

Our telehealth services are commonly used for:

Therapy/Counseling

- Stress Management
- Grief
- OCD
- PTSD/Trauma
- Couples Therapy
- Life Changes
- Insomnia

Psychiatry/Medication

- Panic Attacks
- Anxiety Disorders
- Cognitive Disorder
- Depression
- Social Anxiety
- General Anxiety
- PTSD
- and more...

Urgent Care

- UTI
- Pink-Eye
- Rashes
- Stomach Flu
- STDs
- Cold Sores
- Acne
- and more...

Nutrition

- Weight loss
- Digestive disorders
- Food allergies
- Gluten free diets
- Pregnancy diets
- High cholesterol
- Sports nutrition
- Meal planning

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